



# **MMEEx User Manual**

## **Dietitian**

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# Dietitian

The Dietitian Specialty page includes:

- Nutrition assessments
- HEAL Assessments and
- HEAL evaluations.

**Dietitian**

**Nutrition Assessments** Add Nutrition Assessment

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No Recorded Assessments

**HEAL Assessments** Add HEAL Assessment

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No Recorded Assessments

**HEAL Evaluations** Add HEAL Evaluation

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No Recorded Evaluations

## Nutrition Assessment

Click on **Add Nutrition Assessment**

[Nutrition Assessment](#)

Save and Close

**Assessment Date** 16/06/2016

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**Overview**

<b>Number of Meals</b>	<input type="text"/>	<b>Fluids</b>	Please Select ▼
<b>Serves Of Fruit</b>	Please Select ▼	<b>Serves Of Vegetables</b>	Please Select ▼
<b>Serves Of Breads/Cereals</b>	Please Select ▼	<b>Serves Of Dairy</b>	Please Select ▼
<b>Serves Of Meat/Fish/Poultry</b>	Please Select ▼	<b>Serves Of Eggs/Legumes</b>	Please Select ▼
<b>Nutritional Status</b>	Please Select ▼		

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**Meals**

<b>Breakfast</b>	<input type="text"/>
<b>Morning Tea</b>	<input type="text"/>
<b>Lunch</b>	<input type="text"/>
<b>Afternoon Tea</b>	<input type="text"/>
<b>Dinner</b>	<input type="text"/>
<b>Supper</b>	<input type="text"/>

Additional information	
Supplements	Please Select ▾
Details	<input type="text"/>
Mode Of Feeding	Please Select ▾
Assistance Required	Please Select ▾
Special Diet	<input type="checkbox"/> High Protein <input type="checkbox"/> Low Protein <input type="checkbox"/> Low Sodium <input type="checkbox"/> Sugar Free <input type="checkbox"/> Other
Appetite Over Last 3 Months	Please Select ▾
Notes	<input type="text"/>

Click **Save and Close**

Assessments will display in a table. Click on an entry to open it and view or edit the details.

## HEAL Assessment

Click on **Add HEAL Assessment**

### HEAL Assessment

Save and Close		Cancel	
Assessment Date	16/06/2016		
Anthropometry Measures			
Height	<input type="text"/>	cm	
Weight	<input type="text"/>	kg	
BMI	?		
Waist	<input type="text"/>	cm	
Hips	<input type="text"/>	cm	
Blood Pressure	<input type="text"/>	mmHg	
Pulse Rate	<input type="text"/>	bpm	
Physical Assessment			
6 Minute Walk	<input type="text"/>	m	Rating <input type="text" value="Select"/>
UL Strength	<input type="text"/>		Rating <input type="text" value="Select"/>
LL Strength	<input type="text"/>		Rating <input type="text" value="Select"/>
UL Flexibility - Right	<input type="text"/>	cm	Rating <input type="text" value="Select"/>
UL Flexibility - Left	<input type="text"/>	cm	Rating <input type="text" value="Select"/>
LL Flexibility - Right	<input type="text"/>	cm	Rating <input type="text" value="Select"/>
LL Flexibility - Left	<input type="text"/>	cm	Rating <input type="text" value="Select"/>
Physical Activity - mins per week	<input type="text"/>	Physical Activity - days per week	<input type="text"/>
Sedentary Time - hours per day	<input type="text"/>		
Diet Assessment			
Eating Habits Questionnaire Score	<input type="text"/>	points	
Serves of Fruit (per day)	<input type="text"/>	Rating	<input type="text" value="Select"/>
Serves of Vegetables (per day)	<input type="text"/>	Rating	<input type="text" value="Select"/>


Click **Save and Close**

Assessments will display in a table. Click on an entry to open it and view or edit the details.

## HEAL Evaluation

HEAL Evaluation

Click on **Add HEAL Evaluation** Click **Save and Close**

Save and Close	Cancel
Evaluation Date	16/06/2016 
Overall Rating	Select ▼
Confidence	Select ▼
Awareness	Select ▼
Knowledge	Select ▼
Skills	Select ▼
Desire to Change	Select ▼

Evaluations will display in a table. Click on an entry to open it and view or edit the details.